



Victoria Riding for the Disabled Association

PO Box 412, Brentwood Bay, BC V8M 1R3

(778) 426-0506

vrda@shaw.ca

BN #89034 1977 RR0001

Procedure in the event of an Incident/Accident **(fallen rider OR rider attempting to dismount)**

1. Instructor to call entire ride to a halt.
2. Each Horse Handler and all side walkers to stay with their own horse and rider.
3. Instructor to go quickly to the fallen or dismounting rider.
4. Assistant Instructor to manage the rest of the class
5. Instructor to determine which side walkers should assist and only he/she to give direction and instructions. Parents or spectators may be used to help at the request of the instructor.

For a fallen rider:

6. Instructor to send for a blanket and First Aid kit (located in corner by gate)
7. Depending on the severity of the incident, an ambulance may have to be called. The instructor will direct one individual to make the call and report back.
8. The instructor should stay with the injured rider and if this is more than a minor injury, the remaining riders should be dismounted (Assistant Instructor to supervise dismounting).
9. For falls that do not require medical attention, the rider may sit out for a while and the lesson be continued. The rider may be mounted again before the end of the lesson if they wish to do so, at the discretion of the instructor (and physio-therapist if in attendance).
10. If a rider has fallen it is most important to recommend that they be checked either by the family doctor or at the hospital.
11. Always complete an incident report. If parents or a rider refuse a visit to the hospital, this should be recorded on the incident form.
12. The most important points to remember when an incident of any kind occurs is,
 - a. Stay with YOUR rider and horse at all times.
 - b. Follow the Instructor's directions.
 - c. A calm, controlled atmosphere is essential.
13. Reporting Party to follow up by phone that evening, or the next day to check the condition of the rider.

An Incident drill will be carried out with each class so that the volunteers know and can practice the procedures.