



Victoria Riding for the Disabled Association

PO Box 412, Brentwood Bay, BC V8M 1R3

(778) 426-0506

vrda@shaw.ca

BN #89034 1977 RR0001

PROGRAM INFORMATION

VRDA hold four riding terms which run from the end of September until early June.

Orientation/training sessions are held prior to the first week of fall classes and in the breaks between riding terms. If for some reason you are joining us in the middle of a riding term, we will provide some “on the spot” training for you.

We strongly recommend that volunteers, who return for a riding term, attend a “brush up” training session. If you have horse experience and are interested in the position of horse handler, please note that you must attend a side walking training session first and then attend a horse handling evaluation and training session.

Class times are:

- Monday from 9:30 – 12:30
- Tuesday, Wednesday, and Thursday from 9:30 – 12:30 and 2:00 – 5:00

Ideally, we would like a 3 hour, once a week commitment from our volunteers to ensure that we have enough people to support the riders and create continuity and a relationship between the volunteer and the rider.

If for some reason you are unable to attend your shift, please give as much notice as possible (either by phone: **(778) 426-0506** or preferably by email: vrda@shaw.ca) so that another volunteer can be found to replace you. If we do not have enough volunteers, the rider cannot ride. If you are feeling unwell, but hope to be better, it would probably be wise to stay home. Please try to give at least one day’s notice if possible.

The gift of your time and support is very important and greatly appreciated by the Board and Staff at VRDA and most importantly by the riders. On behalf of all of us, thank you. This is truly an amazing program and we hope that you find it as rewarding as we do.

Sue Colgate
Admin Coordinator

“The purpose of the society is to provide a therapeutic riding program for children and adults with disabilities to promote their physical, psychological and social well being.”