



STAGES

PERFORMING ARTS SCHOOL

Registration Manual & Guidelines 2011 / 2012 Season

STAGES Performing Arts School

#301, 1551 Cedar Hill X Road,

Victoria, BC V8P 2P3

(Behind the Shelbourne MacDonald's)

Phone: 384-3267 Fax: 384-6888

Email: stagesdance@shaw.ca

NORMAL OFFICE HOURS

(through the school year)

Monday - Thursday 9:00am - 1:00pm

Monday - Friday 3:30 - 9:00pm

Saturday 9:00am - 2:30pm

People are encouraged to mail in their registration and payment
(you will be contacted by phone to confirm your registration)
as well STAGES will be open for registration

July 4 - 29, Monday through Friday, 9:00am - 1:00pm

August 8 - September 2, Monday through Friday, 9:00am - 1:00pm

AN IMPORTANT NOTE ABOUT THIS MANUAL

Please take the time to go through our Registration Manual and Guidelines. We have tried to put everything you will need to know about STAGES, as a parent and/or student, in this manual.

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PRESIDENT'S MESSAGE

In STAGES' 32nd year of operation we look forward to continuing our tradition of providing dancers of all ages and levels of experience with a non-competitive atmosphere in which to learn about the performing arts and about themselves.

Since 1980 STAGES has provided dancers of all ages and levels of experience with the very best training possible in a supportive, non-competitive, and caring environment.

Through the training we offer it is our goal to promote self-confidence, self-esteem and a sense of accomplishment in each student. It is our belief that all students should have an equal opportunity to learn in a safe environment which fosters self-expression, a healthy body, confidence and encourages responsibility, discipline, inspiration, creativity, and pride in their accomplishments.

Several of our students and former students enjoyed success though our last season, including:

- Paul Becker is busy choreographing for the 'Hell Cats' TV series, the movies 'Sucker Punch' & 'Diary of a Wimpy Kid', and for Michael Buble's video 'Just haven't Met You Yet'.
- Devon Slack is working in the Vancouver film industry both on screen and off and is currently two credits away from being a full member of Stunts Canada.
- Carolyn Birch is now working at 107.3 Kool FM as their promotions coordinator.
- Dyana Sonik-Henderson is a member with Decidedly Jazz Dance Company in Calgary and will be returning to teach at Stages in the fall.
- Natalie Bishop successfully auditioned to be a member of the Decidedly Jazz Dance Company's apprentice program and will start with the company in the fall.
- Nicole Fitzgerald is employed at Shaw TV Vancouver as a sports and entertainment reporter.
- Danika Postle represented the Greater Victoria Performing Arts Festival as our area's Level Two provincial representative.
- Stages Dance Company enjoyed a very busy season with performances throughout the Greater Victoria Area, schools, Senior Centres, and the Kids for Cancer Fun Run. Stages dancers filmed a promotional piece for Shaw with Marty the Marmot, and performed with Juno award winners Splash n Boots, as well as a fundraiser at the Metro Theatre called *Light On Our Feet*.

I would also like to recognize the dedication of our student teachers, who have assisted with classes this year. Adrienne Henderson, Sophia Harrington, Alysha Haas, Aidan Qualizza, Juan Comish, Taylor Brooks, Julia Weening-Swain, Alison White, Sharon Nasonov, and Grace Graham.

Please, if you have any questions, comments, or concerns regarding the school let us know. We are trying to provide a service that you want and like, and only through your input can we continue to do so.

To our returning students and parents, THANK YOU for your continued support through the years.

To all of the newcomers to STAGES, THANK YOU for considering our school and I hope that we are able to satisfy your needs as an artist (or artist's parent).

~ Sincerely, Kimberly Brooke Breiland

AIMS & OBJECTIVES

- To provide students of all ages and levels of experience an education in the performing arts by offering training which is varied, meticulous and meets the needs of each individual student.
- To give students the opportunity to perform and enhance their performing ability and in doing so instill a sense of self-discipline, pride, accomplishment and understanding for the performing arts.
- To develop new audiences through the students' and parents' experiences in the arts.
- To develop new dancers, actors, singers and young choreographers through the school's teaching and performing elements.
- To produce dance and other related performances of professional quality.
- To provide scholarships to those both deserving and in need of financial aid.

GENERAL RULES OF CONDUCT

- Common courtesy and politeness to everyone is expected.
- Tidiness and neat appearance for all classes is a must.
- Proper attire for all classes is a necessity.
- No chewing gum in the school.
- No loose or oversized shirts in any classes.
- No jewelry in any classes.
- Food is not to be consumed in the dressing room or in the studios.
- Dance shoes are not to be worn outside.
- Cell phones are to be silenced and not answered inside the studio.

*** **PLEASE NOTE:** STAGES reserves the right to refuse service.

STAGES FACULTY 2011 - 2012

STAGES faculty is composed of experienced teachers, choreographers and adjudicators. Their varied experience makes ours one of the most comprehensive faculties and training facilities in Victoria.

All of our faculty have professional experience performing and/or teaching in their field, having worked with the likes of Janet Jackson, Dick Clark as well as having directed shows in New York, performed on International Cruise Lines, or trained and/or performed with the Royal Winnipeg Ballet, Alberta Ballet, Les Grande Ballets, Tap Dogs, the National Ballet of Canada, and have local performance credits with the Victoria Operatic Society & Four Seasons Musical Theatre, as well as having film & television credits.

AN IMPORTANT NOTE ABOUT FOOD

More than a few of our students are extremely allergic to Peanuts, Nuts, and Seafood, among other foods. They **CAN NOT** come into contact with, touch, or eat these items or other products made from these items, **ESPECIALLY PEANUTS. They cannot be in the same room with peanuts or peanut products - THIS IS NOT AN EXAGGERATION.**

In the interest of the continued health and well being of these students, we ask that these products not be brought into the studio.

TIMELINESS

Students who are more than 15 minutes late for a class will be allowed to participate in that class at the discretion of the teacher. This is in order to help ensure that students are properly warmed-up and thereby reducing the risk of injury.

We ask that students be dropped off or picked up no more than 20 minutes before or after their class. STAGES cannot be held responsible for supervising students before, in-between, or after their classes.

CLASS SIZE

For our pre-teen classes we try not to have more than 15 students enrolled in a class without providing an assistant to the class in order to ensure that there is a high level of individual attention.

For our older classes we try not to have more than 20 students enrolled without providing an assistant.

Please understand that from week to week we cannot predict how many drop-in students we will have in a class, but we will certainly keep an eye on any trends and act upon them accordingly.

CLASS CALENDAR & SCHEDULE

Our season runs from September 6 to December 17 and from January 6 to June 16. Regardless of how many (or few) classes take place in a given month, each class has the same number of sessions. The monthly fees have been standardized in order to avoid having different fees every month for each class.

We do try to change the class schedule as little as possible. Through September and early October there are always a few changes due to classes that are conflicting for a large number of students, bus schedule conflicts, classes with limited enrollment, and classes that need to be divided.

If any of these changes do not work for you please talk to us, but please understand that we do have to consider what is going to work for the largest number of students.

SCHOOL NOTICES

Our website (www.stagesdance.com) and bulletin boards are constantly being updated with studio information. Many questions can be answered by reading this material. Also, students are given notices to take home on a fairly regular basis, especially in the spring as we lead into the Recital, with regard to costumes, rehearsals and schedule alterations.

MISSED CLASSES

Please let the office know if a class will be missed. It is the responsibility of the student to take a make-up class (if they want to) within two weeks of the missed class. It is a good idea to find out from their teacher which other class(es) would work (as a make-up class) in conjunction with the class which was missed. **Refunds or discounts are not given for missed classes.**

COMMUNICATION WITH THE OFFICE

PLEASE TALK TO US. If you have any questions, comments, concerns, or suggestions please let us know.

We are trying to provide a service that you want and like and only through your input can we continue to do so; tell us what you want, like, and don't like.

Feel free to talk to us, BUT... It is often difficult to catch teachers when they are in between classes, so please let the office know who you would like to talk to and we can get them to give you a call.

THE VIEWING AREA

All students are invited to inform their teacher(s) if they have brought a special guest to watch their class, in which case we will make every attempt to ensure that the blinds in the studio remain open or have these special guests in the studio to watch the class. In all other cases, the blinds will be used at the teacher's discretion. Please note that in many cases the students themselves ask that the blinds be closed because they are distracted by the goings-on outside the studio.

CLOTHING FOR CLASSES

With each class we offer comes the need for proper clothing, but PLEASE NOTE that if something is listed as needing to be blue and you have a black one that fits DO NOT go out and get a blue one. Once the black one has worn out or has been outgrown, then please do get a blue one. The most important item of clothing is footwear and we do realize that these expenses add up.

Please feel free to post a notice regarding clothes you need or clothes you have for resale on our bulletin board.

More detailed lists of clothing requirements are listed with the classes starting on page 10.

STAGES PRODUCTIONS

Over the years we have found that having a tangible goal to work towards helps students develop a sense of pride and dedication to their work. To this end we produce two shows each year, one in the fall and one in the spring.

FALL DEMONSTRATION: Before the holiday break we have a 'demonstration' for parents, family and friends. Each class performs at this 'demonstration'. This is much like our year-end recital, save that there are no costumes (the students wear their regular dance class attire), and there is no special lighting.

RECITAL: In June we end our year with a recital. Each class has a number in this recital which is rehearsed during regular class time. Unlike the fall production the recital does have rehearsals outside of regular class time, but not until the last week prior to the show.

COSTUMES FOR PRODUCTIONS

FALL DEMONSTRATION: For the Demonstration the students wear their regular dance class attire. The teachers will try to have everyone in the same color and/or type of item (black jazz pants, red t-shirt, blue leotard, etc.), but there is NO expectation for having people go out and purchase these items.

RECITAL: In preparation for the June Recital we collect costume deposits of \$60.00 per student, per class. This deposit can be made payable on October 15th, and/or split up through November 15th, and/or December 15th. Please make the Costume Deposit payment separate from Class Fee or other payments.

For the Recital we collect deposits in order to get the costume packages to you as soon as possible in the spring once the music and the costumes are settled on. **Note that the costume deposit is non-refundable after January 31.** Also note that this is a deposit only - any outstanding balance will be collected later in the spring, or, if the costume comes to less than the deposit, money will be refunded. Typically the final cost of these costumes comes between \$60 and \$120 each (some of the costumes cost more: more fabric . . . more fancy . . . more sewing . . . more money).

Please understand that our costumes are largely and almost entirely organized by folks who donate their time and energy to help out. If you are interested in helping out with costumes, please let us know through the fall.

Also note that some sewing may be required to complete a costume. If you do not know how to sew, please do not start taking lessons (unless you want to). If any sewing or alterations are needed that are beyond your abilities let us know and we will find someone to help.

COMPANY

Students are auditioned (**see DATES TO REMEMBER**) for placement each year in Stages Dance Company (typically ages 9 & up). Company members must have a strong ballet and jazz background and be able to commit themselves to weekly rehearsals, as well as numerous performances.

We have incorporated a class program in order to standardize fees for Company Members and in hopes of ensuring that the Members are taking those classes which will allow them to develop better technique and thereby improve their performance skills.

STAGES is pleased to have companies dancers who are in their late teens and twenties: Gen X and Stage Crew. In order to try to accommodate work schedules and the like, Gen X will consist of two Jazz classes (Jazz IX), plus rehearsals. Stage Crew focuses more on Hip Hop. These companies will be geared towards performing for conventions, trade shows and the like, with emphasis placed on preparation for auditions and professional opportunities.

Additional classes to those included in the Company Packages may be taken, but will be charged out at the regular class fee rates.

- Company = \$270/mo. includes rehearsals and up to 7.5 hrs of classes.
- Gen X = \$168/mo. includes rehearsals and up to 3.0 hrs of classes.
- Stage Crew = \$168/mo. includes rehearsals and up to 3.0 hrs of classes.

POSSIBLE COURSE EQUIVALENCY

In some circumstances the classes we offer have been accepted as course equivalents in the regular school system. This has been dependent upon how many hours a week a student is with us and what classes they are taking. Typically we write a letter to the school outlining what the student is doing at STAGES. There is a bit more paperwork to do on the school's side - talk to your school's Principal and/or Counselor.

POSSIBLE TAX CREDIT

Depending on your situation, our class fees have also been accepted as a tax credit. Ask your accountant and/or Revenue Canada for details. We can generate an annual receipt for this, but please give us a few days' notice.

SCHOLARSHIPS

The scholarship program is designed to further assist dedicated students with a genuine financial need. Scholarship applications are available from the office and **MUST** be returned to the office no later than Friday, September 2nd in order to be considered. Preference will be given to students who:

1. Have demonstrated outstanding promise and/or desire.
2. Are taking at least four classes a week.
3. Must be taking all of their dance classes at STAGES
4. Have other family members enrolled at STAGES.
5. Demonstrate a genuine financial need in their application.

Please Note:

- There are a total of ten full or partial scholarships available.
- Students will be required to participate in "chores" around the studio, including cleaning and assisting in the office.
- Students may also be asked to assist with some of our larger and/or younger classes, and otherwise take part in our Student Teacher Program.
- The Scholarship Applications are available through our office.

BIRTHDAY PARTIES

Book your birthday party at the studio. Saturdays or Sundays with a variety of different themes available: *Budding Ballerinas, Creative Dance, Hip Hop, Jazz or Musical Theatre*. You and your friends get a private class to learn some new steps and a short routine or some games. Space available for refreshments and gift opening afterwards. The total cost is \$125.00 for up to 10 children. Additional children are \$10.00 each. Contact the office for details.

FEE & PAYMENT STRUCTURE

REGISTERING, DROPPING & CHANGING CLASSES

- A student is only considered Registered once a completed Registration Form and one of the forms of payment, see 'Payment Structure Options 1& 2' below, is received by the office.
- Once registered in a class; the student is registered in that class **for the season**, from September through June.
- A minimum of first and last month's payment and Registration Fee is due at the time of Registration and is non-refundable.
- From September through December we require **ONE FULL MONTH'S WRITTEN NOTICE** if a student will be dropping a class for any reason or if a student wishes to change from being a Registered Student to doing Drop-Ins.
- No refunds are given after January 31st with written notice given on or before December 31st.
- There is no charge for switching from one class to another (save for any class fee changes due to an increase or decrease in the hours of class time), but the office **MUST** be informed of this change.
- There is a \$35.00 registration fee per family which can be added to September's (or the first month's) payment.

DROP-INS

If anyone wants to try out a class, it is subject to a Drop-In Fee (see Fee Payment below). If the student then signs up for class(es), the Drop-in fees paid during the month in which they sign up will be credited to that month's fees.

RETURNED CHEQUES

There is a **\$25.00** charge for all returned cheques - **NO EXCEPTIONS.**

PAYMENT STRUCTURE

Fees can be paid one of three ways:

If Registered For The Class:

Option 1: One Cheque for the year (10 x Monthly Fee + Reg Fee of \$35.00).

Option 2: Five post-dated cheques:

- First cheque = September & June combined + Reg Fee of \$35.00; &
- Four cheques, each 2x the monthly fee (dated for Oct. 1, Dec. 1, Feb. 1, & Apr. 1).

If Not Registering:

Option 3: As a Drop-in Student, \$16.00 for each 0.75 or 1.00 hr class,
\$18.00 for each 1.25 hr class,
\$20.00 for each 1.50 hr class,

- No one will be permitted to take class without one of these forms of payment.
- Any student with an account which is overdue by more than fourteen days for any reason and without communication with the office will not be permitted to take classes.
- **Note that overdue accounts are subject to a \$20 administration fee per affected month.**
- If a class is full Drop-in Students may not be able to take that class. Class positions can not held or reserved for Drop-in Students.

FEE STRUCTURE - All fees include applicable taxes.

Our fee structure is based on a per-hour-of-class-per-week format.

Hours Per Week	Fee Per Month	OPTION ONE	OPTION TWO	
		Total Due For The Year 10 Months + Reg Fee	First Cheque First Month + June +Reg Fee	And Four Cheques Each at 2x Monthly Fee
0.75	\$47.50	\$510.00	\$130.00	\$95.00
1.00	\$60.00	\$635.00	\$155.00	\$120.00
1.25	\$73.00	\$765.00	\$181.00	\$146.00
1.50	\$86.00	\$895.00	\$207.00	\$172.00
1.75	\$99.00	\$1,025.00	\$233.00	\$198.00
2.00	\$112.00	\$1,155.00	\$259.00	\$224.00
2.25	\$125.00	\$1,285.00	\$285.00	\$250.00
2.50	\$134.00	\$1,375.00	\$303.00	\$268.00
2.75	\$143.00	\$1,465.00	\$321.00	\$286.00
3.00	\$152.00	\$1,555.00	\$339.00	\$304.00
3.25	\$157.75	\$1,612.50	\$350.50	\$315.50
3.50	\$163.50	\$1,670.00	\$362.00	\$327.00
3.75	\$169.25	\$1,727.50	\$373.50	\$338.50
4.00	\$175.00	\$1,785.00	\$385.00	\$350.00
4.25	\$180.75	\$1,842.50	\$396.50	\$361.50
4.50	\$186.50	\$1,900.00	\$408.00	\$373.00
4.75	\$192.25	\$1,957.50	\$419.50	\$384.50
5.00	\$198.00	\$2,015.00	\$431.00	\$396.00
5.25	\$203.75	\$2,072.50	\$442.50	\$407.50
5.50	\$209.50	\$2,130.00	\$454.00	\$419.00
5.75	\$215.25	\$2,187.50	\$465.50	\$430.50
6.00	\$221.00	\$2,245.00	\$477.00	\$442.00
6.25	\$226.75	\$2,302.50	\$488.50	\$453.50
6.50	\$232.50	\$2,360.00	\$500.00	\$465.00
6.75	\$238.25	\$2,417.50	\$511.50	\$476.50
7.00	\$244.00	\$2,475.00	\$523.00	\$488.00
7.25	\$249.75	\$2,532.50	\$534.50	\$499.50
7.50	\$255.50	\$2,590.00	\$546.00	\$511.00
7.75	\$261.25	\$2,647.50	\$557.50	\$522.50
8.00	\$267.00	\$2,705.00	\$569.00	\$534.00
Company	\$270.00	\$2,735.00	\$575.00	\$540.00
Gen X	\$168.00	\$1,715.00	\$371.00	\$336.00
Crew	\$168.00	\$1,715.00	\$371.00	\$336.00

FAMILY RATES

There is a 15% discount for families with more than one student registered at STAGES. To calculate this, add the fees for each family member and take 15% off the total:

Example - Two Students From One Family:

- One Student - 1.5 Hours / week = \$ 87.50/month
- One Student - 3.0 Hours / week = \$152.00/month
- Total of Monthly Fees (Both Students) = \$239.50/month
- Family Rate: 85% of \$198.00 (0.85 x 198.00) = \$203.58/month, Total.

Note: Family Rates do not apply to Company Fees, but do apply to the fees for other family members.

ONE FINAL NOTE ON FEES

If the student's surname differs from the surname on the cheques please, please, please write the student's name on the cheque.

GUIDELINES FOR REGISTRATION

Please note that the following are **guidelines only**, (based on the general ages and ability levels of students in the classes from our last season). We have structured these specifically for those students who are new to the studio in order for them to have a good idea what the levels of our classes are and what might work for them. Proper placement will be determined through their first month of classes. Students move up in levels **ONLY** on the teacher's instructions. It usually takes at least two years before all of the necessary skills, physical maturity and strength have been acquired to allow the student to move up a level. The placement of students in class levels should **NEVER** be considered a "Pass or Fail" situation.

CLASSES OFFERED 2011 – 2012

LITTLE DANCERS

Little Dancers is a lively class for you and your little one. Baby signing, kindergym, and brain dance skills are introduced in a safe, group setting with scarves, teddy bears, parachutes, and much, much more. Parent participation is encouraged and expected.

Little Dancers: 18 Month to 3 years old (plus parents).

Clothing for Little Dancers: All clothing should be stretchy and/or fitted dancewear. Non-slip footwear is required.

JAZZ

Jazz is a high-energy dance form that incorporates elements of ballet, hip-hop, acrobatics, modern and partner work. The classes are broken down to include a warm-up, cross-floor work and technique, ending with choreography set to contemporary music.

Teen Jazz is designed for those students who are starting later with their jazz training or those who want a basic understanding of jazz and jazz technique.

Jazz 1: 3 to 5 years old, no experience necessary.

Jazz 2: 5 to 7 years old, no experience necessary.

Jazz 3: 7 to 10 years old, two years experience in Jazz or Ballet recommended.

Jazz 4 & 5*: 9 to 11 years old, three years experience in Jazz recommended.

Jazz 6*: 11 to 13 years old, four years experience in Jazz recommended.

Jazz 7*: 12 to 15 years old, five years experience in Jazz recommended.

Jazz 8*: 14 to 15 years old, five years experience in Jazz recommended

Jazz 9 & 10*: Advanced Jazz Class, strong background in Ballet recommended.

Teen Jazz: 11 years old and up. Little or no experience in Jazz.

Adult Jazz & Hip Hop: Adults. Little, some, or no experience in Jazz or Hip Hop.

* Jazz 4/5 through 9 must be taken twice per week and it is strongly advised that students take ballet class(es) in conjunction with these classes in order to further strengthen their technique.

Clothing For Jazz: Fitted Dancewear, Jazz Shoes or Flexible Runners, Hair must be tied back.

HIP HOP

Hip Hop is a high-energy dance form that draws from the contemporary and popular form of jazz dance, funk and street. The classes are broken down to include a warm-up, cross-floor work and technique, ending with choreography set to contemporary music.

Little Hip Hop: 4 to 6 years old, no experience necessary.

Hip Hop 1: 7 to 10 years old, no experience necessary.

Hip Hop 2: 10 to 13 years old, no experience necessary.

Hip Hop 3: 14 to 17 years old, minimum of two years experience in dance.

Hip Hop 4: 14 years old & up, min. of four years experience in dance.

Hip Hop 5: 15 years old & up, min. of five years experience in dance.

Hip Hop 6: 16 years old & up, min. of six years experience in dance.

Hip Hop 7: This is an advanced Hip Hop Class, strong background in dance is recommended.

Adult Jazz & Hip Hop: Adults. Little, some, or no experience in Jazz or Hip Hop.

Clothing For Hip Hop: Fitted Dancewear, Jazz Shoes or Flexible Runners, No Street Shoes. Hair must be tied back.

Please Note that these classes are very popular and fill up quickly. Attendance will be capped, **including Drop-Ins**, to a maximum of twenty-four students with spaces confirmed for those fully registered.

MUSICAL THEATRE

Musical Theatre combines the elements of song and dance. Students receive a proper vocal and physical warm-up, and then work on songs from both popular musicals and well-known hits, which are both challenging and fun.

Musical Theatre 1: 4 to 6 years old, no experience necessary.

Musical Theatre 2: 7 to 11 years old, no experience necessary.

Musical Theatre 3: 12 years old & up, minimum two years dance experience.

Clothing For Musical Theatre: Fitted Dancewear, Jazz Shoes, Hair must be tied back.

ACROBATICS

This class will be focused on basic acrobatic movements and geared to improving flexibility and versatility.

Jr. Acrobatics: 6 to 10 years old, minimum one year dance experience.

Sr. Acrobatics: 11 years old and up, minimum one year dance experience.

Clothing For Acrobatics: Fitted Dancewear, Bare Feet, Hair **MUST** be tied back.

LYRICAL

Lyrical is a jazz and ballet based dance form that expresses emotions that are directly inspired by the words and melody of a piece of music.

Junior Lyrical: 9 to 13 years old, minimum one year dance experience

Senior Lyrical: 13 years old & up, minimum two years dance experience.

Clothing for Lyrical - Fitted Dance wear, Bare Feet, Hair **MUST** be tied back.

TAP

Tap combines the rhythms of footwork with the elements of other forms of dance. From the days of Gene Kelly to its present day revitalization through Sabian Glover and Riverdance, Tap has been with us for almost a century and focuses on the rhythms of the feet.

Tap 1: 3 to 6 years old, little or no experience.

Tap 2: 7 to 10 years old, completion of one year of Tap.

Tap 3: 11 years old & up, completion of three years of Tap.

Clothing For Tap: Fitted Dancewear - NO LOOSE SHIRTS, Tap Shoes. Hair must be tied back.

BALLET

Ballet has always been the foundation for most other forms of dance. Ballet gives the student an understanding of placement, posture and a sense of line and musicality. We offer ballet classes that are based on both the Royal Academy of Dancing and Cecchetti Syllabi for beginners through the senior levels. Teen Ballet is designed for those students who are starting later with their ballet training or those who want a basic understanding of ballet.

Beginner Ballet: 3 to 5 years old, little or no experience.

Primary Ballet: 4 to 6 years old, one or two years experience.

Grade 1 & 2 Ballet: 6 to 9 years old, one or two years experience.

Grade 3 & 4 Ballet *: 8 to 10 years old, completion of Grade 2 or equivalent.

Pre-Elementary & Elementary Ballet *: 11 years old & up, completion of Grade 4 or equivalent.

Intermediate Ballet *: Senior level class, completion of Elementary or equivalent.

Teen Ballet: 12 years old and up. Little or no experience in Ballet.

Adult Ballet: Adults. Little, some, or no experience in Ballet.

* Grade 3 through Intermediate Ballet must be taken twice per week.

Clothing For Ballet – Females (Please see “Clothing For Classes” on page 5)

Beginner through Grade 2 Ballet:

- **Bodysuit:** Solid coloured leotard (prefer pastels).
- **Tights:** Pink ballet tights or white ankle socks.
- **Skirt:** Pink ballet skirt is optional.
- **Warm-Up Wear:** Wrap sweaters permitted at beginning of class
- **Shoes:** Soft pink leather or canvas ballet slippers.
- **Hair:** Must be secured back in a ponytail or braid.

Grade 3 & 4 through Elementary Ballet:

- **Bodysuit:** Aubergine Ainsliwear style #102: tank style in dark purple.
- **Tights:** Ballet pink Capezio style #1816: convertible, or style #1815: footed.
- **Skirt:** No skirt required.
- **Warm-Up Wear:** Wrap sweaters permitted at beginning of class.
- **Shoes:** Properly fitted pink full-sole, leather ballet slippers.
- **Hair:** Must be secured back in a bun with pins and a hairnet.

Elementary Ballet:

- The same as Grade 3 & 4 through Elementary Ballet, except:
- **Shoes:** properly fitted pink half-sole, leather or canvas ballet slippers.

Clothing For Ballet - Males

- **Clothing:** White fitted T-shirt.
- **Legs:** **Beginner Ballet through Grade 2:** Black shorts and white socks.
Grade 3 Ballet and Up: Black footed tights or black footless leggings with white socks.
- **Dancebelt:** Required beginning at age 11 or 12.
- **Shoes:** Black or white leather ballet slippers; split-sole and canvas permitted.

For both Females & Males: No baggy pants or sweatpants.

REGARDING POINTE AND POINTE SHOES

Please if you have not been on pointe as of yet **DO NOT** go out and get a pair of pointe shoes (or convince one or more of your parents that “you must get some”).

The instructor will determine when a student is ready for pointe and the appropriate level and help the student (and parents) with the fitting and choice of shoes.

There are a number of factors that help determine whether or not a student is ready to be on pointe. These factors include strength, technique, experience and physical development.

- Students may choose whichever brand of pointe shoes fit them the best.
- Any width of elastic is allowed, but ribbons need to match tights.

DATES TO REMEMBER

2011

- **June 19 - July 4** - STAGES will be closed. (We will be in to pick up the mail and messages).
- **July 4 - 29 & August 8 - September 2**
 - Office Open for Fall Registration (9:00am - 1:30pm, Monday - Friday).
- **July 4 - Sept. 2** - YOUTH SUMMER CAMPS (one week sessions for 8 - 13 year olds).
 - PRESCHOOL SUMMER CAMPS (one week sessions for 3 - 5 year olds).
 - LITTLE DANCER CLASSES (Tuesday and Thursday mornings for 16 month - 3 year olds)
- **Aug. 22 - Sept. 2** - STAGES 3^{1st} ANNUAL SUMMER SCHOOL. (9am - 1pm, Mon. - Fri. for dancers 10 years old & up).
- **Sept. 2** - Last Day To Apply For Scholarship.
- **Sept. 6** - CLASSES BEGIN.
- **Sept. 13** - Company Auditions (5:30 – 7:30pm).
- **Oct. 17 - 22** - Bring-A-Friend Week.
- **Nov. 14 - 19** - Parents' Watching Week.
- **Dec. 11** - Fall Demonstration (subject to theatre availability).
- **Dec. 17** - Last Day Of Classes Before The Holiday Break.
- **Dec. 18 - Jan. 9** - Holiday Break, Studio Closed. (We will be in to pick up the mail and messages).

2012

- **Jan. 9** - CLASSES BEGIN.
- **Feb. 6 - 11** - Bring-A-Friend Week.
- **June 9** - RECITAL 2012 (subject to theatre availability).
- **June 16** - Last Day Of Classes For The Season.

NOTE THAT CLASSES DO NOT TAKE PLACE ON STATUTORY HOLIDAYS:

Thanksgiving Day: Oct. 10, 2011

Remembrance Day: Nov. 11, 2011

Easter Weekend: April 6 - 9, 2012

Victoria Day: May 21, 2012

Also,

NOTE THAT CLASSES DO NOT TAKE PLACE THROUGH SPRING BREAK

March 12 - 17, 2012