



## Rules and Guidelines

By signing the registration form (s) it is understood that all *Rules and Guidelines* will be abided by, as well, that the **MOTTO** is understood including **Goals and Objectives** of the school.

- Please try to arrive for practice as promptly as possible.
- If any classes are to be missed please either email Sonia at [shan-e-punjab@shaw.ca](mailto:shan-e-punjab@shaw.ca), or telephone at 250 882-8188 (cell) or 250 727-9430. If Sonia is unavailable please call either of the **phone mom's**, the names will be provided during the first week or so of classes.
- In the efforts to respect teamwork, if student(s) miss **three or more classes**, we would simply ask out of fairness that the child not perform at the next performance, although continue attending classes in preparation for the following performance. In many cases, a student may be absent for emergencies, urgent family requirements or due to illness, as this will not count towards the three or more rule.
- All performances and rehearsals are done in bare feet, so exercise and taking care of our feet is very important.
- We ask parents to very honest in stating any allergies, medications and any alternate pick-up for the student (s). In some cases, a grandmother may be designated to pick-up the child.
- The school does not perform at private/personal events, unless for special occasions in which the event is for the student, who has contributed more than one year and the event is non-alcoholic.

### Clothing & Ethnic Dresses

- We simply ask that each student (s) please wear comfortable clothing and runners as we begin with warm-ups, which may include jogging in and around the studio.
- Each student purchases one ethnic dress for which the fees are taken at the time of registration, in some cases, relatives can make the dress, in which case we ask for the cost of fabric, trim, chunni (veil) and any accessories. The average cost for sewing in Victoria is approximately \$30.00.
- In the past, we have times, where unfortunately, a parent (s) has forgotten the ethnic dress at home during a performance. For this simple reason, we retain all ethnic dresses and will bring for each student at their performance (s).
- We ask each student to bring a water or juice bottle to each class.

### Other Important Things

- There is absolutely no running allowed, due to sharp corners, stairs, or simply objects in the Foyer.
- There is no gum chewing during classes.
- Exit doorways are only used in the case of an emergency.
- When going to the washroom or to any part of the venue during class time, a teacher must always be notified.
- We encourage parents to volunteer, as this is one method of bonding with the teachers and your child and simply makes it more fun.