

Silly humans

Usually, when I see Simone sitting outside, Simone is sitting near the back hedge, or beside the raspberries. But this time I saw Simone near the sidewalk, and I thought Simone was looking back and forth. Simone was close enough that I sent Simone a thought, and Simone thought me back to come on out if I felt like it. I did, and Simone met me by the side door, where it was easier to talk, by thinking back and forth, the way we do.

The words I said **look like this.**

The words Simone said **look like this.**

What were you looking at, Simone?

I was looking at the silly humans going by.

Why do you call humans silly?

The way you're always in a hurry, always going somewhere, always in a rush.

What's silly about that?

You miss so much. If you'd just stop and sit, there's so much that's interesting, and wonderful, to see. We cats know how to look around and see things, and hear things, and we use our noses too.

Simone, I can see and hear and smell things.

When you take the time to do it. When was the last time you stopped and stared at something and just enjoyed it?

Well, three nights ago there was a beautiful sunset, and I stopped and just looked.

And how long did you look at it. How many breaths?

Oh, not very long I guess.

See what I mean? We cats can stop and look and enjoy as long as several naps. That's why all those humans walking and running by here are silly to be in such a hurry.

Then I thought of how when I'm out walking, I'm not always in a hurry, so I told Simone about it.

Simone, sometimes I go out walking, but I'm not in a hurry. I'm feeling good just using my body to walk. And even though I'm moving, I'm looking at things and enjoying them. In fact, that's one of the best ways humans have for not being in a hurry. We call it "going for a walk", and quite often that means walking slow enough, and looking around enough, to see how wonderful things are, and hear them and smell them and feel them, and enjoy it very much. Some people even go for a walk to do that and also think thoughts to God, and try to listen to what God may be saying back to them.

Really? If you're right, that's pretty good. I didn't know that's what you humans are doing

when your walking. Running too?

Yup. Some humans do that even when they're running. Not all the time, but sometimes.

That's pretty good. Though I think you humans could do it even better if they'd just sit still. I think humans are silly to walk or run to see things and enjoy them.

Well, Simone, there are different ways to notice beautiful things, and really see and feel them, and enjoy them. Though it's true that lots and lots of times humans don't take time to do that at all.

What's your way to look around and notice wonderful things and really enjoy the beautiful world God gave us to live in? I hope you remember to do it lots and lots of times.

*Want to hear more **Simone** stories? come to Esquimalt United Church for our Sunday Service starting at 10:45 a.m.
500 Admirals Road, Victoria, BC*

P.S. It is not every Sunday that Ted Bristow has the children time, so if you are in luck you might hear a Simone story the Sunday you come. Otherwise you have to come back the following Sunday and see if Ted is there.

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