

**UNIVERSITY OF VICTORIA**  
**PSYCHOLOGY 100B – Section A04 Spring 2011**  
**Introductory Psychology: Social and Applied Emphasis**

**Instructor:** Dr. Randal G. Tonks

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**Welcome to Introductory Psychology!**

Psychology is an exciting and complex scientific discipline, as well as an essential part of various helping professions.

The goals of PSYC 100A and PSYC 100B are to provide an overview of:

- The main areas, findings and methods of modern psychology.
- Different theoretical perspectives and professional orientations within psychology.
- Scientific methods of gathering information and forming conclusions about human behaviour and functioning.
- Some ways psychological principles have been used to help people lead better, healthier lives and solve real world problems.
- How to locate and utilize psychological research information.
- Psychology that will serve as a foundation for taking more advanced courses in psychology and other related disciplines.

PSYC 100A covers the historical, methodological, biological, learning, and cognitive aspects of psychology.

**PSYC 100B** is an introduction to concepts, theories and research findings of modern psychology. Topics include: human intelligence, personality, child and adult development, health psychology and social relations as well as psychological disorders and psychological treatments. While you may wish to take 100A if you have not already done so, you should also be aware that you must complete both PSYC 100A and PSYC 100B if you wish to take any further courses in Psychology at the University of Victoria, as these two courses serve as pre-requisites for most other courses.

In understanding psychology you know that it is considered to be a scientific discipline which requires considerable thought and time to understand

psychological research and principles. As we move through the course you will find that some forms of knowledge build upon others, as such, the material should become more clear to you as you move along.

Students are expected to complete the assigned reading before each lecture, to attend lectures, and take detailed notes from them and to spend several hours a week in mastering the course material. There are many [courses resources](#) available to help guide students through the course material, most of these are found through the course [moodle site](#).

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**Class times:** Tues & Thurs 18:30 to 19:50  
**Lecture Room:** DSB C103

**Important Dates:**

**No classes: Feb 22 - 24 – Reading Break**

**Last Day to withdraw without Penalty: Feb 28th, 2011**

**Note:** Reminder to students that it is your responsibility to check your **registration status** by the drop deadline (January 18 for second term courses) to ensure you are registered only in courses you have been attending. The last day to add courses online is January 21 for courses that begin in the second term. Undergrad course adds after this date will require an Undergraduate Course Change form and are subject to the approval of the Director of the Academic Advising Centre.

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**REQUIRED TEXT: Psychology: The Adaptive Mind (3rd Canadian Edition)  
by D.S. Lindsay, D. Paulhus J.S. & Nairne (2008)**

**Note:** *Clickers will NOT be used in this course and the study guide is optional.*

**OPTIONAL RESOURCE MATERIALS:**

An online interactive ([moodle](#)) site is being developed with additional course materials.

It can be found through a link from my psyc 100B index page:

<http://members.shaw.ca/rgtonks/IntroB/>

Here you will find links to the [lecture notes](#), interactive flash media, audio-podcasts of the lectures and practice quizzes. Grades and activities will also be handled through the moodle site.

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### Additional AV Support Materials

- **Videotape series:** All of the series listed below are available for loan from the Music/Audio/ Video section of the library.
  - Discovering Psychology. This series consists of 26 30-minute video programs, which cover much of the material discussed in the course. Call number **BF141 D572**.
  - Psychology: The Study of Behavior. Another video series consisting of 26 30-minute video programs, which cover much of the material discussed in the course. Call number **BF121 P797**.
  - The Brain. A video series examining the brain and behaviour. Call number **QP376 B7**.
  - The Mind. A video series examining various aspects of research on the human mind. Call number **QP356 M54**.
  - Psychology Baron/Earhard/Ozier. Short episodes from the CBC about various aspects of psychology. Call number **BF121 P76**.

*Note: Students will not necessarily require any of the optional resource material to pass the course, but many students will find some of the optional material useful as learning aids. Most students will find the paper Study Guide the most useful learning aid, but some may find the activities on the textbook Website useful as well.*

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### COURSE SYLLABUS:

Wk	Date	Reading	Topic	Special Notes
1	Jan 6	Course Outline	Course Introduction & 100A Review	
2	Jan 11 - 13	Ch. 9	Intelligence	
3	Jan 18 - 20	Ch. 10	Development	
4	Jan 25 - 27		Review & Quiz	<b>Quiz (Ch 9 &amp; 10) - Jan 27th</b>
5	Feb 1 - 3	Ch. 11	Motivation & Emotion	
6	Feb 8 - 10	Ch. 12	Personality	

7	Feb 15 - 17		Personality - Social	
8	Feb 22 -24	chill	take a break Reading Week	Last day to withdraw without penalty is Feb 28 <sup>th</sup>
9	Mar 1 - 3	Ch. 13	Social processes	
10	Mar 8 - 10		Review and Midterm	Midterm (Ch 11, 12, 13) Mar 10 th
11	Mar 15 - 17	Ch 14	Disorders	
12	Mar 22 - 24	Ch. 15	Therapies	
13	Mar 29 - 31	Ch 16	Stress & Health	
	Exam Period			Final Exam (Ch 14, 15, 16 ) date tba

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### Student Evaluation:

Students have the choice to determine which of the two options they would like to follow. Option A involves exams and [take-home activities](#), option B requires exams only.

While students will be prompted to commit to option A or B by midterm (Mar 10th), the higher grade of the two options will be automatically assigned during the grading process.

## Option A

### 1) Examinations:

There will be 3 examinations:

**Quiz** – 20 % - Thursday Jan 27th, 2011

**Midterm** – 30 % - Thursday Mar 10th, 2011

**Final** – 30 % - Final Exam period

**TOTAL: 80%**

They will consist of mostly multiple choice and true-false questions with some short answer questions (1 to 5 marks).

## **2) Take-Home Activities:**

There will be seven opportunities for short take-home (on-line) activities, however only the best six will count towards the final grade. These assignments will require students to carryout various activities where students can engage in some practical application of the contents and materials covered in the lecture. Links to the list of these [activities](#) are found through the course [home page](#).

Activities will be accepted in class on the dates posted or online through the [moodle drop box](#) by the specified dates. To minimize difficulties in grading electronic submissions, students are expected to submit a word 97-2007 .doc or .docx otherwise it is important that the assignments are saved in rich text format (.rtf) or text only (.txt) since open office, word perfect, and other formats are unreadable.

**TOTAL VALUE: 20%**

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## **Option B**

There will be 3 examinations: **Quiz – 25 % - Thursday Jan 27th, 2011**  
**Midterm – 37.5 % - Thursday Mar 10th, 2011**  
**Final – 37.5 % - Final Exam period**

**TOTAL: 100%**

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### **Note: If you miss an exam due to illness:**

1. Contact Dr. Tonks by [email](#) as soon as possible.
2. Submit medical documentation to Dr. Tonks when you return. You do **not** need to submit the *Request for Academic Concession* form if you miss an exam. (That form only applies to final exams written in the final exam period).
3. Upon receipt of acceptable documentation, you will be informed when the make-up exam will be held. You must write the make-up exam at the designated time. **An exam may only be rescheduled for illness, family affliction, or a sports event sanctioned by the University of Victoria. If you miss an exam due to holiday or work commitments you will receive a mark of '0'.**

- Make-up examinations are to be scheduled with the make up exam coordinator through Dr Tonks. The make-up exams will typically be held on Friday afternoons at 2:30 once properly scheduled.

- Students who miss an exam and do not contact Dr. Tonks within 7 days of the exam date or who do not submit medical documentation within 10 days will be deemed to have not completed a course requirement, and will receive an *N* grade (failure due to not completing a course requirement) for the course.

**Students with disabilities who require special arrangements for exams should discuss such arrangements with Dr. Tonks.**

A referral from the Student Services office may be required in order to receive accommodations.

Grade	Percentage
A+	95 - 100
A	90 - 94
A-	85 - 89
B+	80 - 84
B	75 - 79
B-	70 - 74
C+	65 - 69
C	60 - 64
D	50 - 59
F	0 - 49

### **PSYCHOLOGY 100--Extra Credit for Research Participation:**

Students in this course may earn up to 2% of extra credit toward their final grade by participating in research studies conducted in the Department of Psychology. Each 15 minutes of participation will earn 0.5 point and up to 4 points may be credited toward this course, with 2 points required for a 1% increase in the student's final grade. Thus, two hours of participation would earn the full 2% extra credit. For details on participating in research studies, go to the Department of Psychology web site (<http://web.uvic.ca/psyc/>) and click on the **Research Participation** link near the bottom of the page.

**If you have any further questions be sure to ask !**

**UNIVERSITY OF VICTORIA**  
**Department of Psychology**

**Important Course Policy Information**  
**Winter 2010**

***Prerequisites***

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

***Program Requirements***

For more information see pages 215-217 of the UVic Calendar 2010-11.

***Registration Status***

Students are responsible for verifying their registration status. Registration status may be verified using WebReg or by invoking the list (L) function on the TelReg system. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

***Commitment to Inclusivity and Diversity***

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

***In the Event of Illness, Accident or Family Affliction*** (See UVic Calendar, 2010-11, p. 35)

Refer to the course outline

***Policy on Academic Integrity including Plagiarism and Cheating***

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity (<http://web.uvic.ca/calendar2010/FACS/UnIn/UARe/PoAcI.html> , p. 33-34, UVic Calendar 2010-11). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
3. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.

4. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
5. **Being an Accessory to Offences.** This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar (on p. 33-34 in 2010-11).

**The definitive source** for information on Academic Integrity is the University Calendar (p. 33-34 in 2010-11) (<http://web.uvic.ca/calendar2010/FACS/UnIn/UARe/PoAcI.html>)

**Other useful resources on Plagiarism and Cheating include:**

1. The Learning Skills program: <http://www.coun.uvic.ca/learning/index.html>
2. The Ombudsperson's office: <http://www.uvss.uvic.ca/ombudsperson/pubsguides/plagiarism.pdf>
3. The English Department: <http://web.uvic.ca/wguide/Pages/CitPlagiarism.html>