

*Getting involved in paddling is easier than you might think.*

## WHO CAN DO IT

---

Individuals, community groups, schools, social clubs, non-profit organizations, friends, family, corporations, co-workers ... all can participate in canoeing or dragon boating!

### What you need to have...

- people who want to have fun on the water
- a desire to have fun while learning

## HOW TO START

---

1. If you are part of a group, gather together
2. Pick a time (and place)
3. Phone or email Paddle Paths Inc.
4. Leave the rest to us

### We will provide...

- All equipment - boats, paddles, life jackets
- Paddling instruction & coaching
- Photo of you or your group

## WHAT ELSE DO YOU GET

---

Improve health and fitness while having fun

A way to strengthen your company, organization or group within the community

A chance to enjoy the outdoors

An opportunity to challenge yourself and others

Instruction and Coaching

Group or Individual

Lake, River or Indoor Pool

Canoeing  
(Solo or Tandem)

Dragon Boat Coaching  
(Paddling, Steering, Drumming)

Dragon Boat Steering or Drumming

Dragon Boat Event Planning and Operation



Paddle Paths Inc.  
Lethbridge, Alberta  
www.paddle-paths.com  
paddle-paths@shaw.ca  
(403) 381-8654  
(403) 330-1078 (cell)

© September 2004

## RECREATIONAL CANOEING & DRAGON BOATING

---

*Recreational Canoeing*

*- Equipment and Instruction*

*Recreational Dragon Boating*

*Dragon Boat Instruction*

*- Steering and Drumming*

*Dragon Boat Coaching*

*Dragon Boat Festival*

*- Planning and Operation*



[www.paddle-paths.com](http://www.paddle-paths.com)

[paddle-paths@shaw.ca](mailto:paddle-paths@shaw.ca)

(403) 381-8654

(403) 330-1078 (cell)

## A FEW WORDS ABOUT INSURANCE COVERAGE

---

For every paddling event, regardless of size, the operator has a responsibility to carry adequate insurance. This coverage includes the important areas of Participants Liability and Certified General Event Liability. Without these two coverage polices a paddling event is not properly insured. Providing just General Event Liability does not cover on-water incidents nor adequately address Volunteer or Participant Liability.

Many organizations involved in canoeing or dragon boat activities are not fully or properly insured. This leaves participants, event organizers, club members, sponsors and volunteers at risk if an incident should occur.

Paddle Paths Inc. has obtained coverage in all areas to operate a paddling event and offers this complete insurance package coverage to all its clients, so rest assured!

### Services and Rates *(Subject to change)*

#### Canoeing instruction - equipment included

*tandem - \$25.00 per hour (for 1)*

*tandem - \$30.00 per hour (for 2)*

*solo - \$35.00 per hour (for 1 - 2)*

*groups of 3 or more - Rate negotiable*

#### Canoeing instruction - your equipment

*tandem - \$15.00 per hour (for 1 or 2)*

*solo - \$20.00 per hour (for 1 or 2)*

*groups of 3 or more - Rate negotiable*

#### Indoor canoeing instruction – (for large groups)

*\$120 / hour facility fee + regular rate*

#### CRCA Flatwater canoeing certification

*phone or email for*

#### Dragon boating instruction

*\$50.00 per hour (for groups of 10 - 20)*

#### Dragon boat steering or drumming instruction

*\$40.00 per hour (for 1 - 2) [requires 10+ paddlers]*

*moored - \$25.00 per hour (for 1 - 3)*

Dragon boat steering

Dragon boat race & festival planning

Dragon boat race operation

### Preferred Locations

Nicholas Sheran Lake, West Lethbridge

Henderson Lake, South Lethbridge

Chinook Lake, North Lethbridge

Park Lake

Oldman River, Lethbridge

*(depends on water flow rate and depth)*

Max Bell Pool – University of Lethbridge

*(for large groups - facility fee applies)*

### Alternate Locations

*(Others available by request)*

Keho Lake

Chin Lake

*(equipment delivery fee applies)*

St. Mary River

Milk River

*(depends on water flow rate and depth)*

*(equipment delivery fee applies)*