

NANAIMO VOLLEYBALL CLUB
60 Summit Dr. Nanaimo BC V9T 4Y1 nanaimovolleyball@shaw.ca



NVC YOUTH VOLLEYBALL FALL 2009

TUESDAYS
4:30pm – 6:00pm

Held at OLIVER WOODS Recreation Center



DESCRIPTION:

NVC Coaches are pleased to offer a volleyball program that introduces young athletes to the sport of volleyball. The goal of our program is to offer opportunities to develop the fundamental skills of volleyball in a fun setting. The league is open to all female athletes currently in grades 5 - 7. Each Tuesday session begins with instruction time for skill acquisition, and then followed by game play.

REGISTRATION

Due to an overwhelming response last year registration for each league day. Will be on a first come first serve basis. Each session has a 24 athlete limit and a 12 athlete minimum. You will see your name on the online registration system confirming your space.

Register online at: <http://www.signup.com/nvcyouth>

TUESDAY LEAGUE

DATES: October 6, 13, 20, 27; November 3, 10, 17, 24

COST: \$100 per person

General League Information

PAYMENT - cheques can be mailed advance & made out to: **Nanaimo Volleyball**

CHECK IN - 10 minutes prior to start time

PLEASE BRING - a water bottle, and gym attire

SIGN UP ONLINE at: <http://www.mysignup.com/nvcyouth>

Cost: \$100 payable to the Nanaimo Volleyball

For questions or more information email: nanaimovolleyball@shaw.ca

