

Classes for Kids!

If you're looking for something different this year look no further! The Calgary Fencing Club offers beginner classes for children (girls & boys, ages 9 to 13) starting every second month. Beginner courses run Mondays & Wednesdays from 6:30 to 7:30 pm for six weeks.

Adults & Youth

Tired of the same old stuff? Why not try something fun and out of the ordinary? Learn the fine art of sword-fighting! Classes for youth (ages 14 - 17) and adults are offered every second month. Each course is six weeks in length. Youth classes run Tuesdays from 7:00 to 8:30 and Adult classes run Thursdays from 7:00 to 8:30 pm.

Experienced Fencers

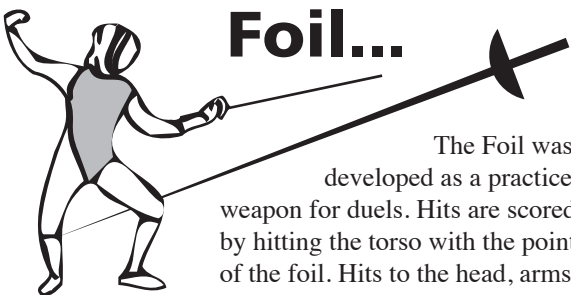
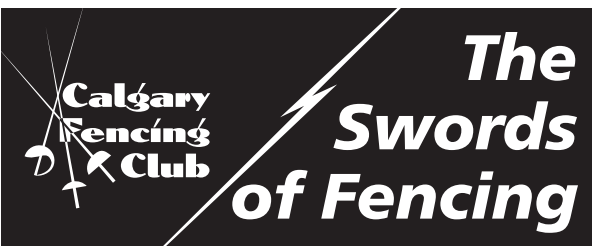
The Club offers many hours of instruction and a variety of programs each week for more advanced fencers at all levels. Recreational or competitive avenues are available with both group and individual instruction. In addition to the instructional sessions the Club also holds a variety of special events throughout the year.

Special Groups...

Is your school, community association, club or other group looking for something to do that's out of the ordinary? The Calgary Fencing Club has just what you're looking for! Classes specifically tailored to your needs can be set up. From a one evening introduction to a full beginner course, we can set up a program for you. Please give us a call for more details.

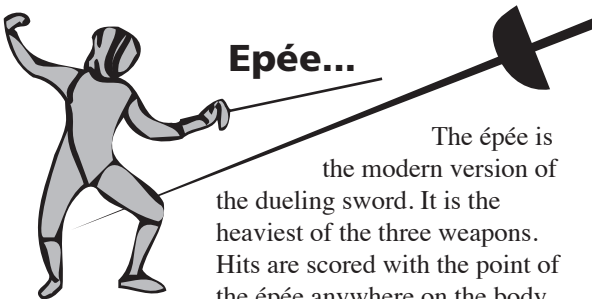
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The Calgary Fencing Club



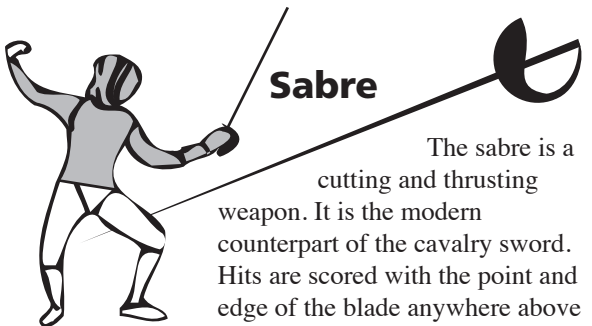
Foil...

The Foil was developed as a practice weapon for duels. Hits are scored by hitting the torso with the point of the foil. Hits to the head, arms, or legs do not count. *The sword of choice at CFC.*



Épée...

The épée is the modern version of the dueling sword. It is the heaviest of the three weapons. Hits are scored with the point of the épée anywhere on the body.



Sabre

The sabre is a cutting and thrusting weapon. It is the modern counterpart of the cavalry sword. Hits are scored with the point and edge of the blade anywhere above the hips.



For more information please call
403-246-5801

Check out the club website!

www.calgaryfencingclub.ca
or e-mail us at info@calgaryfencingclub.ca

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The Calgary Fencing Club offers...

- Beginner Classes for Adults and Children
- Classes for all Levels and Ages
- Video Analysis (where applicable)
- Fencing Master/Coach
- A different kind of FUN

...and M•O•R•E!

The Club...

The Calgary Fencing Club, established in 1954, is the city's oldest fencing club. The Club has moved from its ATCO Park location, which was the first of its kind in Calgary, to the **VRR I Building**. Maintaining this specially designed facility allows the Club to offer a wide array of programs and special events for fencers of all ages and experience. From novice swashbuckler to seasoned musketeer, there's something for you at the Calgary Fencing Club.

Your Coaches...

Glenn Samson. Glenn holds the title of *Maître d'Armes* from the Fencing Academy of Canada and is one of the first Canadian fencers to do so. He has been fencing and coaching for over thirty years. He has been an Assistant National Team Coach and is a specialist in Junior Development. Glenn enjoys working with all ages and levels of students.

Alex Mitchell. Alex started fencing in 1998 and has been coaching at the CFC since 2004.



Why not take a stab at something Different?

Beginner Classes! For Adults, Youth & Children

New Beginner Classes start every two months

Last updated August 26, 2009

Day	5:30	7:00	8:00	8:30	10:00
Monday	A Junior Intermediate (5:30 - 7:00)	Child Beginners (7:00 - 8:00)	B Youth Intermediate (8:00 - 9:30)	Individual Lessons (when possible)	
Tuesday	C Junior Advanced (5:30 - 7:00)	D Youth Advanced (7:00 - 8:30)	E Competitive Group (8:30 - 10:00)		10:00
	Youth Beginner		Individual Lessons (when possible)		
Wednesday	A Junior Intermediate (5:30 - 7:00)	Child Beginners (7:00 - 8:00)	B Youth Intermediate (8:00 - 9:30)	Individual Lessons (when possible)	
Thursday	C Junior Advanced (5:30 - 7:00)	D Youth Advanced (7:00 - 8:30)	E Competitive Group (8:30 - 10:00)		10:00
	Adult Beginner		Individual Lessons (when possible)		

Schedule as of September, 2009

How to Find Us!

