

## BIO DR. BETH HEDVA



**Dr. Beth Hedva**, is an internationally recognized authority in the field of 'change'. As a counsellor she helps individuals find enlightening ways to succeed in meeting life's greatest challenges. You will find her listed in Cambridge, England's 12<sup>th</sup> Edition of The World's Who's Who of Women, nominated for inclusion in the 1<sup>st</sup> edition of the Marquis Who's Who in Medicine & Health Care. Dr. Hedva held core faculty appointments in Antioch University's Department of Clinical Psychology, and John F. Kennedy University's prestigious Department of Consciousness Studies in California. Dr. Hedva made her reputation by blending ancient and contemporary cross-cultural healing practices and spiritual traditions with modern psychological best practices to promote an integrative approach to community health and wellness.

She is licensed as a Psychologist and as a Marriage, Family and Child Counsellor, holds certifications in sexology as well as medical hypnosis plus has practiced as a Clinical Parapsychologist -- having worked as an 'Expert Intuitive' and liaison to the Office of Paranormal Investigation on research teams to explore ghosts, hauntings and poltergeists since its inception in 1989. Dr. Hedva is certified as a Diplomate in Clinical Psychology by the American Board of Psychological Specialties. She has a Masters Degree in Clinical Psychology, a Masters Degree in Transpersonal Psychology and a PhD in Psychology, was the Director of Clinical Internships and Field Placement at two universities in California and has trained and taught counselling professionals globally.

Dr. Hedva is one of North America's leading relationship experts and lecturer on over-coming personal, interpersonal, man-made and natural disasters, and is the Canadian Reader's Digest "Ask an Expert" on-line Forum. Dr. Beth Hedva has trained helping professionals in medical schools and universities across Canada in her *Spiritually Directed Therapy Protocol for Recovery from Trauma*, and author of the award-winning *Betrayal Trust and Forgiveness* (Ten Speed Press, 2001).

After the 2004 Boxing Day Tsunami Disaster Dr. Hedva was invited by the Indonesian Psychology Association to up-grade the training of local psychologists. A year later Hedva returned to Aceh to work with 8 local Muslim Non-governmental organizations made up of survivors helping other survivors recover from the double trauma of 10 years of civil war compounded by tsunami trauma. She presented this work at The United Nations 2007 Symposium entitled "*Human Rights Violations and Recovery: Spirit, Mind and Body Practices.*" In February, 2008, Hedva joined the United Nations UNICEF mission to Sierra Leone with UNICEF Child Ambassador Mariatu Kamura and a team of four journalists, to research post-civil war community healing.

Currently Director of Training and Counseling Services for Finkleman Communications in Calgary, Canada and a faculty member of the California-based Institute of Transpersonal Psychology's Global Program, Dr. Beth Hedva also sits on the Board of Directors of the International Council of Psychologists.

**Dr. Beth Hedva** conducts professional development training programs globally, and provides customized training sessions to individuals, couples, families, groups, communities, associations and institutions in person, on-location, and at-distance, via telephone and internet, world-wide.

**To contact Dr. Hedva visit her on the web at <http://www.hedva.com>  
or phone (403) 247-1441**