



Looking for a healthy holiday gift?

The Lifestyle Pass is your passport to a world of health, wellness and renewal.

It contains 65 free offers and discounts from Winnipeg's wellness hotspots including **2 for 1** Spa treatments; **Free** Boot Camps, Yoga, Pilates, Hip Hop, Martial Arts and Aerial classes; discounts on massages, fitness assessments, athletic gear, golf tips, shops for moms, photo sessions, coaching, makeovers; delicious offers from healthy restaurants and grocers in our city and so much more. The pass retails for **\$40 and includes offers valued at over \$1850.**

It has something for everyone from men to women, singles, couples, moms and teens. Use the pass to try new experiences, notice which ones leave you feeling refreshed and create new healthy habits!

<http://www.thelifestylepass.com/>