

May 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Resource 1-3pm Youth Drop In 3:15-5:00	2 Resource 1-3pm Homework Day 3:00-5:00 Tutor Here 3-5pm	3 Resource 1-3pm Youth Drop In 3:15-5pm 2Steps Fwd, 1Step bk 7-8:30pm	4 Free Store 1-3 Youth Drop In 3:15-5pm 7-10pm	5 Youth Drop In 7-10pm
6	7 Resource 1-3pm Youth Drop In 3:15-5:00	8 Mother Goose Program 11 am Resource 1-3 Youth Drop In 3:15-5:00 Communities in Bloom 3:30-4:30	9 Resource 1-3pm Homework Day 3:00-5:00 Tutor Here 3-5pm	10 Resource 1-3pm Youth Drop In 3:15-5pm 2Steps Fwd, 1Step bk 7-8:30pm	11 Free Store 1-3 Youth Drop-in 3:15-5pm 7-10pm,	12 Board Meeting 10am Youth Drop In 7-10pm
13	14 Resource 1 – 3pm Youth Drop In 3:15-5:00	15 Mother Goose Program 11 am Resource 1-3 Good-Bye Party 3:30-5:00	16 Resource 1-3pm Homework Day 3:00-5:00 Tutor Here 3-5pm	17 Resource 2-3 Youth Drop In 3:15-5pm 2Steps Fwd, 1Step bk 7-8:30pm	18 Free Store 1-3 Youth Drop In 3:15-5:00 7-10pm,	19 Youth Drop In 7-10pm
20	21 Resource 1-3pm Youth Drop In 3:15-5:00	22 Mother Goose Program, 11 am Resource 1-3 Youth Drop In 3:15-5:00 Good Food Box pick-up	23 Resource 1-3pm Homework Day 3:00-5:00 Tutor Here 3-5pm	24 Resource 2-3 Youth Drop In 3:15-5p 2Steps Fwd, 1Step bk 7-8:30pm	25 Free Store 1-3 Youth Drop In 3:15-5:00 7-10pm,	26 First Aid Noon-4:30pm Youth Drop In 7-10pm
27	28 Resource 1- 3pm Youth Drop In 3:15-5:00	29 Mother Goose Program 11 am Resource 1-3 Youth Drop-In 3:15-5:00	30 Resource 1-3pm Homework Day 3:00-5:00 Tutor Here 3-5pm			

Programs

Youth Activities	Family Activities	
<p>Youth Drop-In: Play pool, air hockey, or foosball; use the computers or the gymnasium, cook, or get help with homework in a safe, supervised environment. <i>Mon, Tues, Thurs, Friday 3:15-5:00, Fri. 7-10, Sat. 7-10pm</i></p>	<p>Good-Bye Party May 15th from 3:15 - 5:00pm</p> <p>Drop-in to say Good-bye to Tristan, as her VIU Practicum time with us is ending!</p>	<p>Peer Support: Come talk to people who understand. Facilitated by Canadian Mental Health Association trained volunteers. Mondays 1pm to 3pm – only when CMHA volunteers are available – check and see if the CMHA sign is out!</p>
<p>Home Work Day Drop-in on Wednesdays to work on your homework and get support in completing projects. Our Math tutor will be available every Wednesday this month from 3-5pm! (No computers or other activities during homework time)</p>	<p>Communities in Bloom May 8th 3:30-4:30</p> <p>Help plant hanging baskets that will be hanging in front of the Old Chemainus Fire Hall this spring & summer. Work with Graydon & learn about the featured plant and why it is edible.</p>	<p>Free Store: Free clothes, household items, books & other used items. (Fri. 1-3). Donations that are clean and in good repair are welcome –please contact us first to see if your items can be used. Larger items and things that need to be repaired are challenging for us to find new homes for and we often end up taking them to the dump!</p>
<p>Two Steps Forward, One Step Back “The Art & Science of Living Life” Thursdays 7 -8:30pm, May & June 2012 If you are between 14 & 18 years of age and interested in exploring tools, developing skills & gaining experience working consciously with change come join us.</p>	<p>First Aid May 26th Noon- 4:30pm Free for youth and members Contact Renée to register 250-246-3203 Mon –Fri between 1 & 5pm e-mail: cnhaoffice@shaw.ca</p>	<p>Good Food Box (GFB): Get 20lbs of fruits and vegetables for \$10!</p> <p>Orders Due May14th – see Renée Pick-up Tuesday May 22, 2012</p>