



Alliance is made up of the following 6 community associations:

Dalhousie Community Association
5432 Dalhart Road NW, Calgary, AB T3A 1V6
(403) 286-2555

Scenic Acres Community Association
8825 Scurfield Drive NW, Calgary, AB T3L 2A8
(403) 547-9589

Edgemont Community Association
33 Edgevalley Circle NW, Calgary, AB T3A 4X1
(403) 239-1211

Silver Spring Community Association
5720 Silver Ridge Drive NW, Calgary, AB T3B 5E5
(403) 288-2616

Montgomery Community Association
5003 16 Avenue NW, Calgary, AB T3B 0N2
(403) 247-3116

Varsity Community Association
4303 Varsity Drive NW, Calgary, AB T3A 0Z7
(403) 288-9001

Boomers and Beyond

The Alliance for Active Aging is a collaboration of six (6) North West community associations in Calgary, AB. It was formed in August 2008 to address the needs of the changing demographics in the city. With the bulk of baby boomers reaching the age of 50, community associations have found increased interest for programs that serve this group. To create a bigger impact, offer greater variety, and increased options and choices, these six community associations formed an alliance to develop programs and services for those 55+. The past year has been filled with programming, special events, and workshops which will be expanded upon in the 2009/10 year which promises to be very exciting!

What We Do

The six (6) community associations offer special events, programming, workshops, seminars, and socials to those 55+. Everything from scrapbooking to scrabble to belly dancing lets you have fun and try things you may not have had the opportunity to try before. Each community association has different offering during the week at various times to suit your schedule. There are coffee time socials for those who just want to visit and meet new friends. There are lunch and learns for those who want tips on safety, health, or other hot topics of interest. There are 6 annual special events which include a holiday fashion show, a Christmas tea, a talent show, a art show and wine tasting, a pot luck luncheon, and an afternoon of entertainment and fun.

When Do Things Happen

Right Now! You are just in time to get registered for our new programs. These are posted on our website. What are you waiting for? Get involved, tell your friends, and get active!

Why Get Involved

There are so many reasons to join. Aside from the opportunity to register for our wide variety of programs, you'll get to meet new friends or reunite with old ones. You'll stay active, learn a new skill, keep busy, and have a good time too! Not only that, you will also receive the benefit of discounted registration fees at all six community associations for events and programs planned in collaboration with the Alliance. You will also get the opportunity to help plan future programming because we value your suggestions and ideas. Who knows, you may end up instructing a program! If you have a skill or talent you want to share with the members we'd love to get you involved!

How do I Join

You can join by simply purchasing a community association membership in one of the six member communities. You don't even have to live in that community. Anyone can become a member of the Alliance. Just show us that you are 55+ and we will stamp your membership allowing you all the benefits above! Check out our website at www.allianceactiveaging.ca for more details and for membership fees.

Web Site: <http://allianceactiveaging.ca/index.html#>

For more information please contact: **Jean Toews**, AAA Project Coordinator
Varsity Community Association: 403-288-9001